



# Allergen Matrix

## Jacobstow Spring 25



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Cheesy wheel, Diced potatoes and slaw			✓		✓ <i>Wheat</i>		✓		✓				✓	
Creamy Chicken & Ham Pie, Mash Potato & Carrots			✓		✓ <i>Wheat</i>		✓						✓	
Iced Bun			✓		✓ <i>Wheat</i>		✓							
J - 5 Bean Chilli, Rice & Nachos													✓	
J - Apple Cake			✓		✓ <i>Wheat</i>									
J - Banana Marble Cake			✓		✓ <i>Wheat</i>									
J - Beef Bolognese, Pasta & Sweetcorn					✓ <i>Wheat</i>				✓				✓	?
J - Breaded Chicken, Wedges & Slaw			✓		✓ <i>Wheat</i>				✓					
J - Breaded Fish, Chips & Beans				✓					✓					



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

J - Carrot & Courgette Chocolate Brownie					✓ Wheat									
J - Cauliflower & Butternut Curry, Vegetable Rice & Naan					✓ Wheat			✓					✓	
J - Cheese & Potato Pasty, Chips & Beans					✓ Wheat		✓						✓	
J - Chicken Bites, Chips & Beans					✓ Wheat									
J - Chipolata Sausages, Mash, Sweetcorn, Peas & Gravy													✓	
J - Chocolate Krispie Cake					✓ Barley		✓							?
J - Custard Cookie			?		✓ Wheat		✓							
J - Fish Fingers, Chips & Peas				✓	✓ Wheat									
J - Fruit Platter														
J - Fruity Flapjack					✓ Oats (Barley*, Rye*, Wheat*)									
J - Halloumi Burger, Wedges & Salad					✓ Wheat		✓						?	



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
J - Ice Cream Pot							✓							
J - Jacket Potato, Beans & Salad														
J - Jacket Potato, Cheese & Salad							✓							
J - Jacket Potato, Cheese, Beans & Salad							✓							
J - Jacket Potato, Tuna Mayo & Salad			✓	✓					✓					
J - Leek & Potato Bake, Roast Potatoes, Gravy, Carrots & Cabbage							✓						✓	
J - Lemon Drizzle Cake			✓		✓ Wheat								✓	
J - Macaroni Cheese, Bacon, Focaccia & Peas					✓ Wheat		✓		✓				✓	✓
J - Macaroni Cheese, Focaccia & Peas					✓ Wheat		✓		✓				✓	✓
J - Margherita Pizza, Wedges & Rootslaw			✓		✓ Wheat		✓		✓				✓	
J - Meatballs & Tomato Sauce, Pasta & Peas					✓ Wheat				✓				✓	?



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

J - Oaty Cookie					 Oats, Wheat (Barley*, Rye*)									
J - Pepperoni Pizza, Wedges And Salad					 Wheat									
J - Pulled Roast Beef, Roast Potatoes, Seasonal Vegetables & Gravy														
J - Raspberry Muffin					 Wheat									
J - Red Pepper Frittata, Chips & Beans														
J - Roast Chicken, Roast Potatoes, Seasonal Vegetables And Gravy														
J - Roast Turkey, Roast Potatoes, Gravy, Carrots & Cabbage														
J - Salmon Fingers, Chips & Beans					 Wheat									
J - Shortbread & Fruit					 Wheat									
J - Syrup Pudding & Custard					 Wheat									

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J - Tomato & Mozzarella Gnocchi, Garlic Focaccia Bread & Sweetcorn					✓ Wheat		✓		?				✓	?
J - Tomato & Vegetable Pasta Bake, Focaccia & Carrots					✓ Wheat		✓		✓				✓	?
J - Vegan Bolognaise, Penne Pasta & Sweetcorn					✓ Wheat				✓				✓	✓
J - Vegetable Fajita, Rice & Sweetcorn					✓ Wheat		✓							
J - Vegetable Nuggets, Chips & Beans					✓ Wheat									
J - Vegetable Wellington, Roast Potatoes, Vegetables & Gravy					✓ Wheat								✓	
J - Vegetarian Hot Dog, Wedges & Slaw			✓		✓ Wheat		?		✓			?	?	?
J - Vegetarian Sausage, Mash, Seasonal Vegetables & Gravy					✓ Wheat								✓	
Rice Pudding & Strawberry Puree							✓							