



# Allergen Matrix

## Jacobstow & Marhamchurch

### Summer Menu 2025



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Pri Apple & Raspberry Cake			✓		✓ <i>Wheat</i>									?
Pri Apple Crumble & Custard					✓ <i>Oats, Wheat (Barley*, Rye*)</i>		✓							?
Pri Banana Marble Cake			✓		✓ <i>Wheat</i>									?
Pri Baton Carrots													✓	
Pri Beef Bolognese					✓ <i>Wheat</i>				✓				✓	?
Pri Breaded Chicken			✓		✓ <i>Wheat</i>									?
Pri Breaded Fish 60g				✓					✓					
Pri Brunch													✓	



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

Pri Cajun Butternut & Bean Burger					✓ Wheat							?	✓	
Pri Carrot & Courgette Chocolate Brownie					✓ Wheat									?
Pri Carrot Cake			✓		✓ Wheat									?
Pri Cauliflower & Butternut Curry					?				✓				✓	
Pri Chicken Bites					✓ Wheat									
Pri Chicken Pasta Bake					✓ Wheat		✓		✓					?
Pri Chipolata Sausages													✓	
Pri Chocolate Cookie					✓ Oats, Wheat (Barley*, Rye*)									?
Pri Coleslaw (Raw)			✓						✓					
Pri Cottage Pie													✓	
Pri Custard Cookie			?		✓ Wheat		✓							?



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Pri Fishcake				✓	✓ Wheat		✓		✓					
Pri Fruity Flapjack					✓ Oats (Barley*, Rye*, Wheat*)									
Pri Homemade Focaccia Bread					✓ Wheat									?
Pri Ice Cream Pot							✓							
Pri Ice Pop													✓	
Pri Jacket Potato With Cheese & Salad							✓							
Pri Jacket Potato With Cheese, Beans & Salad							✓							
Pri Jacket Potato with Tuna Mayonnaise & Salad			✓	✓					✓					
Pri Jam Sponge			✓		✓ Wheat									?
Pri Lemon Drizzle Cake			✓		✓ Wheat								✓	?
Pri Macaroni Cheese					✓ Wheat		✓		✓					✓



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

Pri Margherita Pizza					✓ Wheat		✓						✓	?
Pri Mashed Potato													✓	
Pri Mushroom Stroganoff							✓						✓	
Pri Naan Bread					✓ Wheat									
Pri Noodles					✓ Wheat									
Pri Pasta With Tomato & Vegetable Sauce					✓ Wheat				✓				✓	?
Pri Penne Pasta					✓ Wheat				✓					?
Pri Raspberry Ripple Shortbread					✓ Wheat									?
Pri Red Pepper Frittata			✓				✓							
Pri Roast Potatoes													✓	
Pri Salmon Fingers				✓	✓ Wheat									



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Pri Shredded Savoy Cabbage													✓	
PRI Sticky Toffee Pudding			✓		✓ <i>Wheat</i>									?
Pri Strawberry Mousse Whip							✓							
Pri Sweet & Sour Vegetables													✓	
Pri Sweet Potato & Butternut Bake							✓						✓	
Pri Tomato & Basil Pasta Bake					✓ <i>Wheat</i>		✓		✓				✓	?
Pri Vegan Bolognese					✓ <i>Wheat</i>				✓				✓	✓
Pri Vegetable & Cheese Potato Boat							✓							
Pri Vegetable Lasagne			?		✓ <i>Wheat</i>		✓		✓				✓	?
Pri Vegetable Nuggets					✓ <i>Wheat</i>									
Pri Vegetable Sausage Roll			?		✓ <i>Wheat (Barley*, Oats*)</i>		?		?					?



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Pri Vegetarian Brunch					✓ Wheat									
Pri Vegetarian Sausage					✓ Wheat									
Pri Yorkshire Pudding Vegetable Cottage Pie			✓		✓ Wheat		✓						✓	

? May contain     
 ✓ Does contain

\*Allergens in brackets are a May Contain.