Jacobstow **Primary School** 



## SPRING MENU Leek one

Week Commencing: 06/01, 27/01, 10/03, 31/03











#### MONDAY

Pepperoni Pizza with Potato Wedges and Salad Sticks

Halloumi Burger with Potato Wedges and Salad Sticks

Cheese, Beans or Tuna Mayo with Salad

> **Shortbread** and Fruit

#### **TUESDAY**

**Bacon topped** Macaroni Cheese with Focaccia Bread and Peas

Vegetable Fajita with Rice and Sweetcorn

Cheese, Beans or Tuna Mayo with Salad

**Chocolate Krispie** Cake

#### WEDNESDAY

**Roast Beef with** Roast Potatoes. **Seasonal Vegetables** and Gravy

Vegetable Wellington with Roast Potatoes, **Seasonal Vegetables** and Gravv

Cheese, Beans or Tuna Mayo with Salad

**Marble Cake** 

#### **THURSDAY**

**Chicken and Ham** Pie with Mashed **Potato and Carrots** 

**Gnocchi in Tomato** Sauce with Garlic **Focaccia and Carrots** 

Cheese, Beans or Tuna Mayo with Salad

**Oaty Cookie** 

#### **FRIDAY**

**Breaded Fish Fingers with Chips** and Peas

**Cheese and Potato Pasty with Chips** and Beans

Cheese, Beans or Tuna Mayo with Salad

Lemon Drizzle Cake



We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot quarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening

**FRESH FRUIT E YOGHURT SERVED DAILY** 



### Jacobstow **Primary School**



## SPRING MENU Leek two

Week Commencing: 13/01, 03/02, 24/02, 17/03



#### MONDAY

#### **TUESDAY**

#### WEDNESDAY

#### **THURSDAY**

#### **FRIDAY**

**Breaded Chicken Breast with Mashed Potato and Carrots** 

**Beef Bolognese** with Penne Pasta and Sweetcorn

**Roast Turkey with** Roast Potatoes. Seasonal Vegetables and Gravy

**Margherita Pizza** with Wedges and Slaw

**Breaded Fish or Salmon Finaers** with Chips and Beans

5 Bean Chilli with Rice and Nacho's

Cheesy Wheel with Diced Potatoes and Slaw

**Quorn Sausage** with Roast Potatoes, Seasonal Vegetables and Gravy

Tomato and **Vegetable Pasta Bake with Focaccia Bread and Carrots** 

**Vegetable Nuggets** with Chips and Beans



Cheese, Beans or Tuna Mayo with Salad

**Apple Sponge** 

Chocolate **Brownie** 

**Custard Cookie** 

**Rice Pudding with Fruit Puree** 

**Fruit Muffin** 



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**FRESH FRUIT E YOGHURT SERVED DAILY** 



Jacobstow Primary School



# SPRING MENU Leek three

Week Commencing: 20/01, 10/02, 03/03, 24/03









#### MONDAY

Macaroni Cheese with Focaccia Bread and Peas

Quorn Hot Dog with Wedges and Slaw

Cheese, Beans or Tuna Mayo with Salad

Fresh Fruit Platter

#### **TUESDAY**

Devon Pork Sausage with Mashed Potato, Carrots, Sweetcorn and Gravy

Butternut, Sweet
Potato and
Cauliflower Curry
with Vegetable Rice
and Naan

Cheese, Beans or Tuna Mayo with Salad

Syrup Sponge and Custard

#### WEDNESDAY

Roast Chicken with Roast Potatoes, Seasonal Vegetables and Gravy

Leek and Potato Bake with Roast Potatoes, Seasonal Vegetables and Gravy

Cheese, Beans or Tuna Mayo with Salad

Fruity Flapjack

#### **THURSDAY**

Beef Meatballs with Penne Pasta and Sweetcorn

Vegan Bolognese with Pasta and Sweetcorn

Cheese, Beans or Tuna Mayo with Salad

Iced Bun

#### **FRIDAY**

Chicken Chunks with Chips and Beans

Roasted Red Pepper Fritata with Chips and Beans

Cheese, Beans or Tuna Mayo with Salad

Ice Cream Pot



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FRESH FRUIT

\$ YOGHURT
SERVED DAILY